



**Review and IME Blog
Subscriber Spotlight**



LeKisha Y. Edwards Alesii, PhD

Tell us a little about yourself:

I am a licensed psychologist. I'm originally from Harrisburg, PA but moved to North Carolina to complete internship and fellowship at Duke University Medical Center. I fell in love with the area and have lived in North Carolina ever since with my husband and daughter. My training has been in health psychology and I focus on helping individuals with chronic illnesses and pain. However, I also see a wide variety of clients. I also conduct independent medical examinations for Disability Determination and a company contracted with the VA.

How did you get involved in providing reviews, IME's ?

I got involved with IMEs after coming across Todd Finnerty's blog and website about conducting IMEs. I had heard of some colleagues and physicians doing this type of service but I didn't know anything about it. Todd's book, website, and Facebook page helped me a lot with getting started. Todd also answered questions for me about doing IMEs. I ended up working at Disability Determination Services (DDS) as a psychological consultant which allowed me to learn a lot about how to conduct psychological evaluations for DDS. I began to seek out companies in Todd's book, "Supplementing Your Income with Medical Records File Reviews and IME's: A Guide for Psychologists and Physicians." I primarily provide IMEs for one company for the VA and I do evaluations for DDS. I've been doing IMEs since 2016.

How do you market your services ?

I have a website where I advertise my services (www.wellnessdurham.com) and I have a profile on Psychology Today.

Has your subscription to Todd's blog helped you ? If so how?

Todd's blog, book, and Facebook group have all been VERY helpful to me. I don't think i would have been doing any of this without Todd's resources!

What advice would you give to someone just starting out in providing this service ?

My biggest advice is for people to seek out Todd's book and referral services. Also, getting involved with Todd's Facebook page can provide a lot of information about how to start out in this field. Connecting with other professionals in the field can help with marketing and knowledge about IMEs as well.

For fun, tell us one thing people would be surprised to find out about you ?

I absolutely love horror and sci-fi but at the same time I am a huge fan of soap operas. Very different genres, I know.

Dr. Alesii was interview by subscriber and active file reviewer David Sybert, MD. Dr. Sybert is board certified and a subject matter expert in anesthesiology, pain medicine and perioperative medicine. If you would like to be interviewed for the subscriber spotlight please contact davidsybert@gmail.com